



# 47th Flying Training Wing



## 47th Flying Training Wing Commander's Welcome

Welcome to Laughlin Air Force Base, Texas, home of the 47th Flying Training Wing and "Team XL." We believe in People First, Mission Always, and that you and your family are our most important resource. We place a great deal of emphasis on our Relocation Program, which assists you and your family as you transition into your new duties in the local community. I encourage you to take full advantage of our available resources and team of professionals to make your move a smooth one.

The 47th Flying Training Wing's mission is "Through trust and teamwork, train expeditionary airpower experts to fight and win America's wars." Every member, whether military or civilian, active or reserve, plays a vital role in conducting the most respected aviation training operation in the world. You and your family are now a part of that mission. Our "XL" values are evident in all we do, as you will experience during your assignment at Laughlin.

Our lodging office can be found in Laughlin Manor, Bldg. 454, at the corner of 4th and Arnold Blvd. Laughlin Manor is the 24-hour arrival point for Laughlin AFB. Personnel on-duty stand ready to assist you in contacting your sponsor or your unit to obtain temporary quarters. Upon arrival, you can begin your formal in-processing at your unit command section. Again, **welcome** to Laughlin AFB — I'm looking forward to serving with you!

TOD D. WOLTERS, Colonel, USAF  
Commander, 47th Flying Training Wing



Col Tod D. Wolters

## Directions to Laughlin AFB

Laughlin Air Force Base is located six miles east of Del Rio, Texas, and about nine miles from the international bridge to Ciudad Acuña, Coahuila, Mexico. It is 154 miles west of San Antonio on U.S. Highway 90. If you are driving from San Antonio, take Highway 90 West. It will take you approximately two and a half hours to reach Laughlin AFB.

From the west, it is best to travel on Interstate Highway 10 East through El Paso; then to US Highway 90 from Van Horn through southwest Texas.

For the route through central Texas, drive on US Highway 277 southwest from San Angelo and take Highway 90 east to Del Rio.

The front gate is located along Highway 90 and is open 24 hours, 7 days a week. There is bus service available from San Antonio (downtown bus station) to Del Rio Bus Terminal. Travel time is approximately three and a half hours, cost is approximately \$20.00 one way. Coordinate with your sponsor for travel arrangements.



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This Laughlin AFB Welcome Package is provided by your Family Support Center. Please contact us for assistance with your relocation:  
Family Support Center  
47 MSS/DPF  
427 Liberty Drive  
Bldg. 246 Rm. 301  
Laughlin AFB, TX 78843  
Com Phone: (830) 298-5620  
DSN Phone: 732-5620  
Email: fsc.info@laughlin.af.mil



T-1A Jayhawk  
T-6A Texan II  
T-38 Talon



For additional  
information on SITES,  
please visit their Web site:

<https://www.dmdc.osd.mil/appj/sites/index.jsp>

*"SITES is the official DoD Web site to assist military members and their families with all the details connected with a government ordered Permanent Change of Station (PCS)."*  
—SITES Web site



For additional  
information on the  
Air Force Aid Society,  
please visit their Web site:  
<http://www.afas.org>  
Phone # 1-800-769-8951



For additional  
information on the  
American Red Cross,  
please visit their Web site:  
<http://www.redcross.org>  
Phone # 1-866-438-4636

## Laughlin History and Mission

The 47th Flying Training Wing at Laughlin Air Force Base is one of five Air Education and Training Command pilot training units and conducts specialized undergraduate pilot training for the United States Air Force. Laughlin is programmed to fly more than 85,000 hours and 55,000 sorties in fiscal year 2005 to achieve its mission. With more than 3,300 people supporting its mission, Laughlin has a significant economic impact on the neighboring city of Del Rio. Everyone at Laughlin is dedicated to fostering the positive relationship between the base and the Del Rio community.

Laughlin AFB is named after 2Lt Jack Thomas Laughlin, a Del Rio native killed over Java in the South Pacific in the early days of World War II. The base originally opened in the early 1940s. It was the Army Air Force B-26 training base during the war and was closed in 1947, after the war.

**47th Flying Training Wing  
Mission Statement**  
Through TRUST and  
TEAMWORK...  
Train Expeditionary  
Airpower Experts  
to Fight and Win  
America's Wars.

It reopened during the Korean Conflict as a jet fighter training base. From the late 1950s until 1963, it was the home of the Strategic Air Command's 4080th Strategic Reconnaissance Wing. A 4080th U-2 pilot from Laughlin AFB discovered Soviet missiles in Cuba in 1962. Major Rudolf Anderson Jr. of Laughlin AFB was the only combat casualty of the Cuban Missile Crisis who died when his U-2 was shot down over Cuba. Building 320 is named Anderson Hall in his honor.

In 1962, the base became an Air Training Command base, and its mission for the past 37 years has been to train new pilots for the United States Air Force and allied nations. Approximately 400 new military pilots earn their silver wings at Laughlin AFB each year after an intensive 52-week course where they learn to fly, using the T-6A Texan II, T-38 Talon, and T-1A Jayhawk jet trainers. The T-37 Tweet was retired in November 2004 as the primary aircraft trainer, phased out by the T-6A Texan II. It provides a pressurized cockpit and advanced digital instrumentation in a single-engine turboprop.

In July 1993, the 47th Flying Training Wing realigned under the newly designated Air Education and Training Command, taking its place under 19th Air Force. Both headquarters are located at Randolph AFB, Texas.

## Emergency Assistance While Traveling

No matter how well you have planned, emergencies do happen. What should you do in case of an emergency while you are traveling? First of all, make sure you have all important documents (orders, ID cards, passport, travelers' checks, etc.) with you and not packed with your household goods. While traveling, it is important to have contact information for your commander, command support staff, and sponsor readily available should an emergency arise. It would also be a good idea to have a hardcopy of Laughlin's Standard Installation Topic Exchange Service (SITES) booklet and this welcome package on hand for easy access to local telephone numbers.

The American Red Cross and the Air Force Aid Society are available for emergency assistance. They can provide emergency financial assistance and contact individuals that will need to know where you are and what is happening. Contact information for the American Red Cross Chapter nearest you is available online and in the phone book. The Air Force Aid Society is a non-profit organization that helps the Air Force take care of its own in emergencies through interest-free loans or grants for basic needs. Air Force Aid Society can be reached through any military installation. All the military services and the American Red Cross have reciprocal agreements with the Air Force Aid Society to assist people in emergency situations.

## Temporary Lodging

The Lodging Office, Laughlin Manor (Bldg. 454, located on 4th and Arnold Blvd.), is the 24-hour arrival point for Laughlin AFB. Personnel on-duty stand ready to assist you in contacting your sponsor or your unit to obtain temporary quarters. Security Forces at the main gate will direct you to the Laughlin Manor, DSN 732-5731 or Comm (830) 298-5731.

If you are married and accompanied by your family, you may be able to stay in the Temporary Lodging Facility (TLF). You can apply for temporary lodging up to 60 days in advance. If you wish to do this, send a copy of your orders to your sponsor, so reservations can be made. The limit for occupying these facilities is 30 days. If temporary lodging on base is not available, the lodging staff will help you find accommodations downtown. Pets are not permitted in any lodging facility on base, but are allowed in some motels in Del Rio. You will need to contact them to make inquiries. Please refer to our list of hotels and motels on page 26. We do not have pet boarding facilities on base, but there are pet boarding facilities in Del Rio:



**Laughlin Manor**  
**2004 Air Force Small-Base**  
**Innkeeper Award Winner**

### Pet Boarding Facilities

Name	Address	Phone Number
Animal House	121 Stricklen	(830) 768-1105
Pet Resort	104 Currency Drive	(830) 298-1345
Rathke Veterinary Hospital	404 Converse	(830) 774-2219
Val Verde Veterinary Hospital	100 Lowe Drive	(830) 774-4100

## Checking in ...

### In-processing

In-processing is completed on an individual basis in the Military Personnel Flight at the Customer Service Desk located in Bldg. 246, at 427 Liberty Drive. You will not receive travel expense reimbursement until you complete your in-processing. You must bring all personnel, medical, and financial records with you when in-processing. Please contact them at (830) 298-5737/5276 or DSN: 732-5737/5276.

### Pass and Registration

You also need to visit Pass and Registration, located in the 47th Security Forces Squadron, Bldg. 139. Your vehicle must be registered on base within 14 days of arrival. If your vehicle is registered out of state, check with Pass and Registration for the laws of your state. Please contact them at (830) 298-5349 or DSN: 732-5349.

### Laughlin Manor

If arriving after hours, the 24-hour arrival point is the Laughlin Manor, Building 454, located at 4th and Arnold Streets. They will assist you in securing temporary accommodations and transportation to on-base quarters. Please contact them at (830) 298-5731 or DSN 732-5731.

### Firearms

Privately-Owned Firearms may not be kept in bachelor or transit quarters. The Installation Commander has designated the 47th Security Forces Squadron armory for storage of such weapons.

The following information is provided to ensure you are in compliance with AFI 31-209:

- a. You must obtain an AF Form 1314, Firearms Registration

from your Group Command Support Section (CSS). Complete the form, have it signed by your commander and take the form to the Security Forces armory within five working days.

b. They do not accept bulky gun cases. Handguns are covered to prevent scratches. Security containers are provided for your ammunition, but you must furnish the lock.

c. Privately-owned firearms can be transported on base only to store them in the Security Forces armory and from the armory to other authorized locations.

d. Withdraw your firearms when they are sold or when you move into on-base family housing or to quarters off base.

e. They offer 24-hour access, but ask that you be patient. The armorers are primarily patrolmen and gate guards who must be called in to open the armory.



**Checking in at**  
**Laughlin's Front Gate**



#### 47th Operations Group

The 47<sup>th</sup> Operations Group contains five flying squadrons and one support squadron. The Operations Group is responsible for training US Air Force and allied nation pilots under the Specialized Undergraduate Pilot Training Program (SUPT). The group provides management, control, and standardization/evaluation of all aspects of flying training operations and airfield management at Laughlin AFB.

#### Before your arrival....

1. Get a Postal Service Center (PSC) Box Number to forward mail at PSC Box Duty Phone: DSN 732-4310 or Comm (830) 298-4310 or use the General Delivery Address:

Your Name  
General Delivery  
477 4th St. Suite 1  
Laughlin AFB, TX 78843-5144

2. Reserve billeting or temporary lodging facilities through the Laughlin Manor for 30 days by calling DSN 732-5731 or Comm (830) 298-5731.

3. Call ahead to the Housing Referral Office to check on permanent housing at DSN 732-5733 or Comm (830) 298-5733.

4. Call ahead to the Transition Office if you have specific questions about the base by calling DSN 732-5211 or Comm (830) 298-5211.

## Incoming Specialized Undergraduate Pilot Training (SUPT) Students In-processing Information

Congratulations on your assignment to Laughlin AFB and Specialized Undergraduate Pilot Training. Actual in-processing for SUPT begins at the Transition Office, which is located in Room 2220 of Building 320. The Transition Office can be reached at DSN 732-5211. Your report no later than that date should be ten duty days before your class start date. Upon arrival, report to the Transition Office in light blue short sleeve shirt (no tie) and flight cap during duty hours. The Transition Office will provide you with an in-processing checklist, a base map, and an equipment issue authorization. If you arrive after duty hours, report to the Transition Office the next duty day. During Phase I of the SUPT Program, you will be assigned to the 47th Operations Support Squadron. If you need anything or have any questions during Phase I of the program, please do not hesitate to call the Phase I office at DSN 732-5359 or Commercial (830) 298-5359 during duty hours. The Phase I office is also in Building 320, Room 2220.

Laughlin AFB is currently experiencing a housing shortage. Base housing for accompanied officers, UOQ's for single Lt's, duplexes for single and unaccompanied officers (two individuals sharing a duplex), and off-base housing is at a premium. If you arrive during the months of May-August, expect this problem to be increased due to a large influx of permanent party personnel in the summer months. Billeting can accept a reservation up to 90 days prior to your arrival. If you show up without a reservation, it is possible that you could end up in a hotel for an extended period of time while awaiting permanent housing. Some of the local hotels do offer monthly rates, so check with them if you end up in a hotel. **Do not plan to arrive at Laughlin more than 15 duty days prior to your class start date!** It would be a good idea to call the Housing Office ahead of time to get an update on the current situation. For accompanied personnel the number to the Base Housing Office is DSN 732-5733/5003, or commercial (830) 298-5733/5003. Unaccompanied or single officers should contact the UOQ Manager at DSN 732-5903, or commercial (830) 298-5903. **Call the Transition Office if you request to arrive prior than 15 duty days to your class start date.**

For delivery of your household goods, contact the Travel Management Office at DSN 732-5206/5178, or commercial (830) 298-5206/5178. If able, schedule your delivery of household goods for the afternoon, as you can expect to spend approximately six hours per day in classroom activities. Additional in-processing issues should be accomplished during your in-processing period. Completing these appointments prior to your Phase I is very beneficial.

Plan on reporting to Building 320 at 0715 on your class start date. Uniform will be light blue short sleeve shirt (no tie) and flight cap. Jackets may be worn if necessary. **BE ON TIME!** You will need at least five copies of your orders (remember not to give away your last copy) and a **BLACK INK PEN.** Official photographs are scheduled for the first day of Phase I, so bring your service dress and tie as well. **Be in shape!** You will take the new Air Force Fitness Test during Phase I. **If you do not score over a 70, you will not continue SUPT!** Start running and make sure you show up in shape!

Academic instruction begins the second day of Phase I, so plan to hit the ground running! Specialized Undergraduate Pilot Training is challenging, exciting, and very rewarding. In order to complete the program, you will need to be totally committed to the Air Force and to learning to fly. It will not be an easy process, but at the end of training you will be extremely proud of your accomplishments. We look forward to working with you and helping you on your way to earning your wings.

Ground Training Flight Team

## Family Support Center Relocation Program

Welcome to Laughlin AFB and the Del Rio area. We hope your assignment to Laughlin will be one of the most challenging and rewarding of your career and one of the most pleasant for both you and your family. The Air Force realizes there is a direct relationship between a member's ability to successfully accomplish a mission, and the quality of life that his or her family experiences. Therefore, the Family Support Center (FSC) stands ready to assist you in any way possible to promote a positive environment. We stand ready to help every member of Team XL — single military, DoD and NAF employees as well as family members! To help with your adjustment, the Family Support Center is designed to provide a support system of information and services upon your arrival. Some of these programs and services we have designed for this purpose are:

**Tour Del Rio** – Our monthly tour is held on the 2nd Wednesday of each month and provides an opportunity for community orientation. We provide a monthly newcomer tour of Del Rio and the Lake Amistad area. Tour participants enjoy a "Dutch Treat" lunch at a local restaurant, visit local gift shops and historical attractions.

**Tour Acuña** – We offer an orientation visit to our sister city, Ciudad Acuña, across the border on the 1st Wednesday of each month. Del Rio is located three miles from the Mexican Border and many newcomers are apprehensive about traveling over the border into the unknown. We provide a tour for newcomers to show them Acuña and to get them used to the procedures for going through the border crossing.

**Newcomer Consultation** – This assessment is available by appointment to ensure you receive the most current information and assistance available. Our Relocation staff will provide you with a complete briefing on the services we have to offer. We will also provide you with information and referral to help you get settled in housing, select schools and churches, and explore spouse employment opportunities.

If you have not already done so, we encourage you to visit your current FSC to request a copy of the Standard Installation Topic Exchange Services (SITES) booklet for Laughlin and the surrounding community. Your current FSC should have a copy of our relocation video. Your Laughlin AFB Family Support Center is located in Building 246, the 47th Mission Support Squadron, on Liberty Drive and can be reached at DSN 732-5620 or Comm (830) 298-5620. Please do not hesitate to contact us for assistance.

YOUR Family Support Center

## Relocation Loan Closet and Furniture Loan Closet

When you arrive at Laughlin AFB, the 47th Services Division can supply you with a variety of items to set-up a temporary household until your household shipment arrives. Items are loaned for 30 days with a copy of orders. Loans are available to all permanent party military members, their dependents, retirees and DoD civilians for 7 days, if available, at no cost. All loan items borrowed are the responsibility of the borrower and if damaged, all items must be replaced at full value. Items available for loan include, but are not limited to: toasters, irons and ironing boards, dish kits, pot and pan kits, slow cookers, can openers, strollers, high chairs, car seats, portable baby cribs, and sweeper vacuums.

The FSC manages a Furniture Loan Program. The program offers beds, couches, tables, chairs, dressers and nightstands to individuals who are newly married and establishing a household. Eligibility is based on financial need and requires an individual appointment with a **FSC financial counselor** to prepare a budget and sound plan to purchase furniture on a "pay as you go" basis.

Laughlin AFB personnel inbound from overseas locations may be eligible to use the Furniture Loan Program under the following condition: household goods will arrive at least 30 days after your report date to Laughlin AFB from an overseas installation. Please see contact information for the Loan Closets to the right.



### Family Support Center Mission Statement

To serve as the base focal point for programs and services that enhance the quality of life of all Air Force team members (Active Duty Air Force, DoD Civilians, NAF/DECA/AAFES Employees and LAFB Contractors) and their families, to support mission readiness and Air Expeditionary Force Cycles, and to promote retention of quality personnel.

Family Support Center  
47 MSS/DPF  
427 Liberty Drive  
Bldg. 246 Rm. 301  
Email: [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil)  
Operating Hours: 0830-1630



The Furniture Loan Closet is sponsored by the Family Support Center, Bldg. 246 on Liberty Drive. DSN Phone 732-5620  
Comm Phone (830) 298-5620

**If you opt to participate in any of the Loan Closet programs, you must provide transportation and personnel to assist with moving items to and from the loan closets.**



The Relocation Loan Closet is sponsored by the Fiesta Center, Bldg. 235 on Liberty Drive. DSN Phone 732-5631  
Comm Phone (830) 298-5631

Drivers are reminded that any vehicle entering, exiting, or while on Laughlin AFB is subject to search.

Laughlin AFB has a taxi service available for official use only and may be reached at: (830) 298-5763 or DSN: 732-5763

In the state of Texas, 15 year-olds can get a driving permit as long as their parents enroll them in Driver's Education and sign the permission forms.

At age 16, and upon completion of the Driver's Education Course, they will obtain a driver's license.

Parents can also teach them at home using the Parent Taught Driver's Education Course, which costs approximately \$200.



## Registering Your Vehicle on Base

Texas State traffic laws apply on Laughlin AFB. All motor vehicle operators are required to have in their possession a valid state driver's license, proof of insurance and vehicle registration. Operators are also required to register their vehicle within 14 days of their arrival at Pass and Registration located in the 47th Security Forces Squadron, Bldg. 139. Please contact them at (830) 298-5349 or DSN 732-5349.

Documents needed to complete base registration:

- \* State vehicle registration
- \* Driver's License
- \* Proof of Insurance
- \* Government ID Card

For registration of motorcycles, the afore mentioned documents must be provided as well as a motorcycle endorsement on the driver's license and a certificate of completion from an approved motorcycle safety course.

## Other Vehicle Info . . .

**Automobile Safety Inspections:** If your vehicle is to be registered in the state of Texas, an Automobile Safety Inspection must be obtained from a certified inspection station. The base Shoppette, Bldg. 116, and the Auto Hobby Shop, Bldg. 525, both provide this service by appointment only. If you are active duty, and your vehicle has an out of state registration, you are not required to complete the Texas state inspection.

**Val Verde County Vehicle Registration:** To register at the Val Verde County Tax Assessor's Office, you will need the following documentation: Certificate of Inspection, Title/Vehicle Registration, and proof of current insurance. Fees vary depending on the year of the vehicle.

**Texas Drivers License:** A valid license from another state for active duty members and their family members is accepted in Texas. One exception designates that if a family member becomes employed in the local community, they have 30 days to obtain a Texas driver's license. Civil Service employees and their families moving to the state of Texas are required to obtain a Texas State Driver's License within 30 days.

To obtain a driver's license you must:

1. Have a valid driver's license from another state and provide an original social security card.

or

2. If you do not have a driver's license, a birth certificate and social security card will be required to complete a written test, a driving test, and a vision test.

Driver's Licenses may be obtained at the Department of Public Safety office:

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**Texas Department of Public Safety**

2012 Veterans Blvd  
 Del Rio, TX 78840  
 Phone: (830) 775-2367  
 Web site: <http://www.txdps.state.tx.us>

**Vehicle registration (Val Verde County)**

Fitzpatrick Bldg (County Court House)  
 309 Mills Street  
 Del Rio, TX 78840  
 Phone: (830) 774-7532



## Laughlin AFB Housing Office

The Family Housing Office provides both on-base and off-base housing information. Experienced, knowledgeable personnel will assist you with off-base rental and sales listings of houses and apartments.

Laughlin has 556 military family housing units, 308 officer units and 248 enlisted quarters. Incoming officers should call (830) 298-5732 or DSN 732-5732; incoming enlisted members should call (830) 298-5733 or DSN 732-5733. There is a waiting list for all categories: Waiting periods are subject to change.

Family housing units include a carport and a small outside storage area with a privacy fence by the patio. Each home has a gas range, refrigerator, and dishwasher. All have central air and heat, with washer and dryer connections in place for electric appliances only. All family housing units were recently renovated, some to include carpeting and microwave ovens.

To assist you in making plans for your stay at Laughlin you are provided with the following general information:

- a. The majority of rental facilities in the area are multi-unit apartment complexes, duplexes, four-plex apartments, and houses. Apartments rent between \$300 to \$600 and houses start at \$650.
- b. Transient Lodging Facilities (TLF) are available; however, space availability is limited. Reservations can be made in advance by calling (830) 298-5731 or DSN 732-5731/5741.
- c. A computerized listing of "Private Real Estate Sales and Rentals" is available at the Housing Office upon request. Community housing is available; however, it is limited and expensive. Please come prepared to defray the cost of hotels/motels until suitable accommodations are found.

## Advanced Housing Applications

Military personnel with dependents are authorized to submit an advance application for housing any time after they receive PCS or active duty orders for Laughlin AFB. Submit DD Form 1746, Application for Assignment to Housing, through your local housing office or fax the application to Commercial Fax (830) 298-5831 or DSN Fax 732-5831.

## Single and Moving?



Laughlin AFB Enlisted Dormitory Office is housed in Ricks Hall, Bldg. 255.  
**Business Hours:** Monday—Friday 0730-1630  
**Commercial Phone Number:** (830) 298-5213  
**DSN Phone Number:** 732-5213

Unaccompanied enlisted members are housed in two complexes. Both are equipped with air conditioning, carpet, curtains, and contemporary furniture. Accommodations consist of a single room or suites.

Single officers, both student and permanent party, are housed in two complexes. Both centrally air-conditioned facilities provide residents with a private bedroom, living room, bath, and kitchen. Permanent party officers are permitted to live off base.

d. Utilities are extremely high in the summer months due to the need for air conditioning. Monthly cost for electricity is around \$125 (winter) to \$200 (summer).

The Housing Referral Staff will assist you in locating suitable non-discriminatory housing accommodations - either temporary or permanent - and will offer much more information regarding the current housing situation in the Del Rio area.



Laughlin AFB Housing Office, Bldg. 449/450  
**Operating Hours:** Monday—Friday 0700-1615  
**Commercial Phone Number:** Enlisted (830) 298-5733 DSN 732-5733  
 Officer (830) 298-5903 DSN 732-5903

### PLEASE REMEMBER:

*All newly assigned military personnel not immediately occupying government family housing or unaccompanied Officer/Airman Quarters are required to report to the Family Housing Office, in person, for counseling and guidance prior to entering into any agreement, written lease, or rental/sales contract for off-base housing.*

### ATTENTION LAUGHLIN MEMBERS (As of APR 05)

Active duty personnel (only) age 18 through 20 may purchase, possess, and consume beer or wine (only) while physically on Laughlin AFB. The sale of alcohol (beer and wine) to active duty members between the ages of 18 and 21 years of age can only be made by 47th Services Squadron establishments (Clubs, bowling alley, etc.).



Laughlin AFB Officer Dormitory Office is housed in the Housing Office, Bldg. 449/450.  
**Business Hours:** Monday—Friday 0730-1630  
**Commercial Phone Number:** (830) 298-5903  
**DSN Phone Number:** 732-5903



American Auto Logistics  
<http://www.whereismypov.com>

Access information on personal  
 property and passenger travel:  
<http://mtmc.army.mil>



Laughlin AFB Traffic  
 Management Office (TMO)  
 427 Liberty Drive  
 Bldg. 246 Rm. 405  
 Laughlin AFB, TX  
 (830) 298-5178 or  
 DSN 732-5178



## Shipping and Receiving Your Household Goods

On behalf of the 47th Transportation Division, welcome to Laughlin Air Force Base. The Traffic Management Office (TMO) provides transportation, including travel arrangements for members/dependents, and household goods transportation and storage. Each pay grade has its own weight allowance, which is the maximum weight that can be moved at government expense under travel regulation. The allowance includes the weight of household goods shipment placed in storage or sent as unaccompanied baggage. Anything exceeding the maximum weight allowance must be paid by the service member.

Be sure to set up a counseling appointment with your local transportation office once your PCS orders are in-hand for a smooth coordination of all shipment arrangements. Your local TMO will provide information, concerning your specific entitlements, government move, Do-it-Yourself Move (DITY), privately owned vehicles (POV), Government and Carrier Liabilities and claim protection, unauthorized items, excess cost, and member's responsibility at origin and destination. You will also likely schedule your shipment dates at this appointment. Whether you choose a "Do It Yourself -DITY" move or to have the government move you, your first two stops should be your current installation's TMO and Family Support Center (FSC). They will provide advice and counseling on your entitlements and benefits as well as assist with all your pre-relocation needs for you and your entire family, including pets! Before you make the move to Laughlin AFB, review these helpful tips:

- Contact LAFB TMO as soon as you arrive on base by calling (830) 298-5178 or DSN 732-5206. We will ask for your name and a telephone number where you can be reached. When property arrives, we have two hours to arrange for delivery. If we can not contact you, the property will be placed in storage. If your property goes into storage, it may take a few days to coordinate a scheduled delivery to your residence.
- Only ship items that are absolutely necessary. Single members living in the dormitories do not need to bring furniture. Prior to your personal property shipment, single and unaccompanied members should contact the Housing Office by calling (830) 298-5733 to determine how dormitories are furnished. Several students have incurred large storage costs when they were too busy with academics to properly arrange for excess personal property storage. The bottom line, only bring what you need.
- For married or accompanied members, having a spouse to assist with your move is beneficial. The time available during the in-processing, prior to your training start date is very limited. Include your spouse in all facets of the move.
- Frequently asked questions include, "Can I have my personal property delivered on the weekend." The government does not pay overtime costs associated with weekend deliveries. Due to this fact, local moving agents do not deliver on weekends. Please keep this in mind when scheduling a time for your delivery. Local agents understand that your schedule is tight and will do everything within their power to accommodate your needs. Department of Defense regulations state, "Commanders will provide time to all personnel for the shipping and receiving of personal property."
- It is important that personal property shipments are shipped at least three weeks prior to your scheduled arrival, ensuring the availability of your property once quarters are assigned. Remember, if your property goes into storage, it may take a few days to coordinate a scheduled delivery to your residence.
- Only 90 days of temporary storage is authorized (with or without dependents). The 90 day limit begins once property arrives at Laughlin AFB and is placed in storage.
- If you can arrange for quarters prior to your move, ask TMO about a "direct delivery." Your property will be delivered directly to the address you provide. Keep in mind, you must be present to receive your property.
- If delivery for your goods becomes an issue, it may be possible to have someone assigned to the transition office sign for your personal goods.

For further information about Laughlin AFB TMO or other transportation functions, please do not hesitate to ask for assistance from the professionals we have working for you.

Traffic Management Office Team



## Household Goods Claims

If you do have damage or loss during your move, the government will assist you with repairs and/or reimbursement of lost or damaged items. At this time, reimbursement is based on depreciated value, so it is critical that you check with your homeowners/renters insurance company for additional coverage during your move. Ensuring you have an accurate inventory along with photos or video of your property can make the claims process much smoother if you have any loss or damage. The best "insurance" is adequate documentation of your property and informed planning!

### Dates to Remember for Household Goods Claims:

1. When your household goods are delivered, the carrier will provide you a DD Form 1840. This form is colored pink and is a critical form in the household goods claims process. The DD Form 1840 is filled out at delivery. The DD Form 1840 is the front side of the form and is called the *Joint Statement of Loss or Damage at Delivery*.
2. The DD Form 1840R is the reverse of the DD Form 1840 and is called *Notice of Loss or Damage*. The DD Form 1840R must be filled out and delivered to the nearest claims office within 70 days from date of delivery. Before filling out the DD Form 1840R, make sure you reverse the carbons! Ask the claims personnel for help with the form if you have any questions—do not let the 70 days expire without reporting all your loss and damage. Remember, submitting a DD Form 1840R does not constitute filing a claim. In other words, even though you submit a DD Form 1840R within 70 days, you still must file a formal claim within two years of the date of delivery of your shipment.
3. Notice to your private insurance company must be made as stated in the policy. If you have insurance, you must first file a claim with your insurer before filing a claim with the Air Force. Some insurance companies may require notification within 91 days, while others may allow up to one year. Check your policy carefully because failure to notify your insurance company may result in denial of payment by the insurer and by the Air Force.
4. The claim itself must be filed within two years of the date of delivery. The two-year statute of limitations cannot be waived, because it was established by Congress. Nothing you or the claims office does can change the two year period for filing a claim. A claim is not considered filed until it is received by the claims office. Mailing the claim at the two year mark is not good enough—the claim must be received within two years. If you mail the claim, make sure you allow plenty of time. If you are out of time, claims may be faxed, but still must be received within the two years.
5. The time period for filing the DD Form 1840R and the two year period for filing a claim are completely different things. Filing a DD Form 1840R within 70 days does not have any effect whatsoever on the two years for filing the claim itself.

### Filing a Claim:

You must schedule an appointment to file a claim. Please call (830) 298-5635 or DSN 732-5635 to schedule an appointment. Make sure you have the necessary documents for filing a claim:

1. Claims are filed on DD Form 1842 and 1844 (*Claim for Loss of or Damage to Personal Property Incident to Service and List of Property and Claims Analysis Chart*).
2. AF Form 180 is also acceptable.
3. Household goods claims require certain additional documents. Contact the claims office for guidance.
4. For all other claims, provide all relevant supporting evidence. Contact the claims office for specifics, but generally, you need to establish: ownership of the property, value of the property, and proof of loss or damage.
5. Any false statement made knowingly as part of a claim makes it a fraudulent claim, which is a potential violation of federal law and the Uniform Code of Military Justice.

### Laughlin AFB Office of the Staff Judge Advocate (Legal Office)

561 Liberty Drive  
Suite 2, Bldg. 338  
Business Hours:  
0730-1630  
(830) 298-5172  
DSN: 732-5172

Claims Briefings:  
Thursday at 1000  
Claims Appointments are  
scheduled on Mondays and  
Tuesdays.  
Call (830) 298-5635 or  
DSN 732-5635 to schedule  
a claims appointment.

Legal Assistance Walk-in  
Hours: Tuesdays  
1500-1600 Thursdays  
0800-0900

Notary Service and  
Powers of Attorney:  
Monday-Friday 1400-1500

**Contact us for travel  
tips to Mexico.**





Local Del Rio Pet Kennels

Name	Address	Phone
Animal House	121 Stricklen	(830) 768-1105
Pet Resort	104 Currency Drive	(830) 298-1345
Rathke Veterinary Hospital	404 Converse	(830) 774-2219
Vai Verde Veterinary Hospital	100 Lowe Drive	(830) 774-4100

### Internet Resources for Traveling with Your Pet

*TravelDog.Com*—for info on pet accommodations, destinations, and transportation  
<http://traveldog.com/>

*PetsWelcome.com*—for info on pet-friendly lodging listings  
<http://www.petswelcome.com/>

*MoversNet*—moving tips for you and your pets from the United States Postal Service  
<http://www.usps.com/moversnet/pets2.html>



## Moving Those We Love (4 legged, winged, etc.)

Remember, it is a good idea to make advanced reservations for pet boarding as soon as you know your arrival date. This is an area where your sponsor can be of assistance. Few apartments and houses will accept pets and they will ask for a pet deposit.

Pets are not permitted to stay in any Laughlin billeting facility. We do not have boarding facilities on the base. Licensing of pets can be accomplished at any of the many veterinarian offices located in the Del Rio area. All dog and cats more than 4 months old and living within the city limits must be vaccinated yearly against rabies and must carry current registration tags. There is no quarantine for pets arriving from overseas locations as long as the owner provides the following: (1) the pet has no diseases, (2) the pet's owner is in possession of a valid veterinarian's certificate that states the pet has no diseases, and (3) pet has current rabies inoculations.

Once you have decided that an animal is going to be your traveling companion, plan for your pet's trip in the same way you plan your own - well in advance. If you plan on sending your pet by airline carrier, check Federal regulations for some solutions. Awareness is the key factor in assuring the safe arrival of your pet. Make sure your pet has identification.

**IDENTIFICATION** - A disaster in the making is a pet in transit without identification, dogs break free from leashes and cats dash out of open cages. The opportunities for pets being separated from their owners are numerous. Avoid the potential loss of a beloved pet by purchasing a comfortable collar (elastic for cats) for your pet bearing complete identification tags. The information should include your pet's name, address, and phone number. A license tag is also necessary and can be obtained from your local humane organization. (If your pet is a cat who has never worn a collar, allow time for the cat to become accustomed to wearing something around his neck). As an additional safeguard, you may want to consider tattooing as a permanent form of identification. Your pet can have a number (your social security number, for example) tattooed on the inside of his ear or flank. Then, if your pet breaks free of both carrier and collar, he can still be positively identified.

**CARRIERS** - The carrier in which your pet will be spending most of his trip is of utmost importance. In fact, the Animal and Plant Health Inspection Service (APHIS) has very specific regulations for cages/crates used in transporting animals interstate or internationally.

**MISCELLANEOUS** - A container for water should be secured to the inside of the carrier positioned so that it can be filled without opening the cage (Recommend a drip bottle as opposed to an open bowl). If you must ship an animal alone (this should be done only when it is absolutely necessary), have someone you know and trust be at the destination point when the airplane arrives.

It is important to remember that most airline crews receive no special training for handling animals and not all are able to recognize signs of trouble. It is only through your careful attention to detail that your pet can be assured a safe trip.

**RECOMMENDATIONS FOR TRAVELING BY CAR** - Unless your pet is already accustomed to being in an automobile, take the time to acclimate your pet to the motion and sounds of your car by taking short drives prior to leaving on a longer trip. Take along your pet's food and water bowls, blanket or bedding, and a favorite toy to give him a touch of home. It is best not to feed an animal for several hours before leaving on a trip. Bring food and fresh water with you and stop regularly once the animal has had a chance to settle down.

**NEVER LEAVE YOUR PET ALONE IN A PARKED CAR.** In summer, it takes only minutes for the heat to climb to more than 120 degrees, even in the shade. In winter, closed cars become refrigerators on wheels and the cold is as dangerous as summer heat.



## Laughlin AFB Education and Training Office

The Education Services Flight, located in Building T-447, manages the Air Force voluntary education services program. This includes providing on-base, college-level programs that meet the needs of Laughlin Air Force Base personnel, plus approving and granting tuition assistance funds for active duty Air Force personnel (TAP) and DoD Civilians (CTAP).

Counseling and assessment services are available to the following personnel: Active duty military members, their dependents, retirees and their dependents, civil service employees and their dependents, and all civilians that are eligible students attending classes on base.

The Education Office provides educational counseling to include information about distance learning, off-duty education, credit-by-examination, degree programs, course requirements, sources of financial assistance, vocational/technical training, colleges and universities, costs, college entrance exams and study references, entrance and eligibility

requirements, and Air Force commissioning programs. Testing services are provided for and include college-level examinations (CLEP/DSST), interest tests/inventories, college entrance exams, and proctoring services for the Air Force Institute for Advanced Distributed Learning (AFIADL) and colleges/universities. For college level examinations (CLEP & DANTES), the Education Services Flight also provides Fact Sheets and suggested resources for test preparation. Information is also available on specific Air Force programs, such as officer commissioning programs, Community College of the Air Force, and voluntary Professional Military Education programs, such as, SOS, ACSC, and AWC by correspondence or seminar. Appointments can be scheduled over the phone or on a walk-in basis. Please see contact information on the right side of this page.



**Our Mission:** Provide quality education and training opportunities to facilitate personal and professional development for Laughlin AFB Personnel.

**Our Vision:** A proactive team of professionals providing and building responsive, quality education and training programs for America's ever evolving Air Force.

## Continuing Adult Education

### Universities/Colleges/Trade Schools

Name	Address	Phone	Web site/Classes	Location
Park University	Bldg 477T Laughlin AFB	(830) 298-5593	<a href="http://www.park.edu">http://www.park.edu</a>	On base only
Sul Ross State University	205 Wildcat Del Rio	(830) 768-4065	<a href="http://www.sulross.edu/">http://www.sulross.edu/</a>	Off Base
Southwest Texas Junior College	207 Wildcat Del Rio	(830) 775-1612	<a href="http://www.swtjc.net">http://www.swtjc.net</a>	Off & On Base
S.W. School of Business & Technical	801 S. Main Del Rio	(830) 775-9520	N/A	Off Base
Adult Learning Center	213 Canal Street Del Rio	(830) 774-0038	English as a Second Language (ESL) classes, computer classes, and GED classes offered.	Off Base

The Education and Training Office belongs to the 47th Mission Squadron and is located in Bldg. T477.  
 Business Hours: 0830-1630  
 Commercial Phone: (830) 298-5520/5545  
 DSN Phone: 732-5520/5545



## Your School: K - 12

Texas law requires that a child be five years of age on or before September 1st to be eligible to attend Kindergarten.



**Del Rio has a curfew for children under 17 years of age:**  
10:00pm to 6:00am  
Sunday to Thursday  
12:00am to 6:00am  
Friday to Saturday

During the school year, we have a daytime curfew of 9:00am to 2:30pm for school days.

Del Rio /Laughlin AFB has one public school district, San Felipe Del Rio Consolidated School District (SFDRCSID), and several private institutions from which to choose. Additionally, students in the SFDRCSID area may apply to attend Comstock ISD, located approximately 25 miles north of Del Rio. Comstock is located in northern Val Verde County. Children of families living in the neighboring town of Brackettville or on Fort Clark Springs, may attend Comstock ISD schools.

Several private schools are available in the Del Rio area. Private schools are licensed by the Department of Education and are required to provide a program of instruction equivalent to the minimum standards established by the state. No state funds are expended on their operation and all local private schools have a religious affiliation or relationship. There are no schools located on the installation, so elementary students living on the base choosing to attend public school K-5th grade are enrolled at Ruben Chavira Elementary School.

The 6th and 9th grades each have individual campuses, but the 7th and 8th grades share a new school, which opened in January 2004. Del Rio High School is for 10th to 12th graders and is located near the 9th grade campus. There is an opportunity

to earn concurrent credit from SFDRCSID as well as South Texas Junior College. If you are interested in this program, be sure to discuss this option with your school counselor at the time of enrollment. Eagle Academy of Del Rio is a free accredited public school that specializes in individual instruction. Students learn at their own pace. The academy is a Charter School. Public schools normally begin the second week of August and run through the last week in May with the standard holidays.

**BIRTH CERTIFICATES** are required for children enrolling in school for the first time.

**IMMUNIZATIONS:** State law makes it mandatory for parents to present sufficient evidence that the child has been protected against polio, diphtheria, pertussis, tetanus, red measles, and tuberculosis. Children will not be allowed to begin school until necessary immunizations have been obtained and actual dates have been provided to the school.

A complete listing of public and private schools is located on the next page. For detailed information on fees, accreditation, graduation or transfer credits, please contact the school directly.

## Starting a New School

**Attention Parents: Feel free to read this section to your children or allow them to read it for themselves!**

The following tips will help you with the change to a new school:

Arrange for official copies of your school records to be sent to your new school. Usually your parents or guardian must sign release papers to give your old school permission to send your records to the new school.

Get an unofficial copy of your transcript and check out your grades. This will help you make sure you get into the right classes at your new school, in case your official records are delayed.

Contact the guidance counselor at your new school. All school's phone numbers are listed on page 13.

Find out all you can about the courses you are going to sign up for at the new school. Algebra II may cover different material at your new school, don't wait for an unpleasant surprise.

The Laughlin Youth Center can put you in touch with other kids who attend your school. Please call the Youth Center at

(830) 298-5343 for more information. You will find more information about the Youth Center on page 15. Join something--chorus, the chess club, or even the computer club! Being involved helps you meet new people, make friends, and smooth the transition.

If you are in high school, check with the Family Support Center by calling (830) 298-5620 about getting a Sponsor for yourself, too!

### Education Internet Resources

Name	Web site
Military Child Education	<a href="http://www.MilitaryChild.org">http://www.MilitaryChild.org</a>
My School Online	<a href="http://myschoolonline.com">http://myschoolonline.com</a>
Texas Education Agency	<a href="http://www.tea.state.tx.us/">http://www.tea.state.tx.us/</a>
Laughlin AFB Public Web	<a href="http://www.laughlin.af.mil">http://www.laughlin.af.mil</a>

## Public and Private Schools

Name	Grades	Address	Phone	Web site
<b>San Felipe Del Rio Consolidated Independent School District (SFDRICISD)</b>				
Administration Office		205 Memorial Dr.	(830) 778-4000	<a href="http://www.sfdr-cisd.org">http://www.sfdr-cisd.org</a>
Del Rio High School	10th-12th	100 Memorial Dr.	(830) 778-4300	
Del Rio Freshman School	9th	90 Memorial Dr.	(830) 778-4400	
Del Rio Middle School	7th-8th	East De La Rosa	(830) 778-4500	
Marion Russell Middle School	6th	2003 N. Main St.	(830) 778-4560	
Ruben Chavira Elementary	K-5	Hwy 277 South	(830) 778-4660	
Buena Vista Elementary	K-5	100 Echo Valley	(830) 778-4600	
East Side Elementary	K-5	1009 Ave J	(830) 778-4680	
Garfield Elementary	K-5	100 Las Vacas Rd.	(830) 778-4700	
Lamar Elementary	K-5	301 Waters	(830) 778-4730	
Dr. Lonnie Greene Elementary	K-5	1400 Cantu Rd	(830) 778-4750	
North Heights Elementary	K-5	1100 Ave C	(830) 778-4770	
Dr. Fermin Calderon Elementary	K-5	1900 Hwy 90 East	(830) 778-4620	
Irene C. Cardwell Elementary	Pre-K, Head Start	400 Aguirre	(830) 778-4650	
Stephen F. Austin	Special Education	300 Chapoy St.	(830) 778-4200	
Student Guidance and Learning Center	Alternative School	215 Garfield Bldg. E	(830) 778-4450	
<b>Comstock Independent School District</b>				
Comstock Public Schools	K-12th	101 Sanderson St. Comstock, TX 78837	(432) 292-4444	<a href="http://myschoolonline.com/site/0,1876.47661-4703-51-3750.00.html">http://myschoolonline.com/site/0,1876.47661-4703-51-3750.00.html</a>
<b>Brackett Independent School District</b>				
Brackettville Public Schools	Pre-K-12th	400 Ann Street Brackettville, TX 78832	(830) 563-2491	<a href="http://www.brackett.k12.tx.us">http://www.brackett.k12.tx.us</a>
<b>Charter School</b>				
Eagle Academy of Del Rio	6th-12th	1306 East Gibbs St.	(830) 774-1559	<a href="http://www.eagleacademics.com">http://www.eagleacademics.com</a>
<b>Parochial Schools</b>				
Sacred Heart Catholic School	Pre-K—8th	209 E. Greenwood St.	(830) 775-3274	
St. James Episcopal School	Pre-K—8th	206 W. Greenwood St.	(830) 775-9911	<a href="http://www.stjamesdelrio.org">http://www.stjamesdelrio.org</a>
<b>Private Schools</b>				
Amistad Christian High School	9th-12th	901 Amistad Blvd.	(830) 774-0870	
Bible Way Christian Academy	Pre-K—8th	409 E. Cortinas St.	(830) 775-9921	
Little School House	Pre-K—8th	605 Amistad Blvd.	(830) 775-2756	
<b>Home Schooling Support Group</b>				
F.A.I.T.H. (Families Achieving Intelligence Through Homeschooling)		Del Rio/Laughlin AFB	(830) 774-4477	Cooperative support group of home schooling parents/teachers

## Head Start

The San Felipe Del Rio Consolidated Independent School District operates the comprehensive child development program, Head Start, in Val Verde County that serves 346 eligible children each year. It is a federal program for preschool children from low-income families. The program also services 194 additional children that are not "Head Start" eligible. Children with professionally diagnosed disabilities are also eligible for Head Start enrollment.

Children enrolled may be from families that exceed the low-income guidelines, but who meet criteria that the program has established for selecting children who would benefit from Head Start services.

The program is located at  
Irene C. Cardwell Elementary  
400 Aguirre Street  
Del Rio, TX 78840  
Phone: (830) 778-4650



## Pre-K Programs

When choosing a pre-K program for your child, you should evaluate all options and make your choice based on your child's needs. The contact information is provided, but does not constitute endorsement of any non-military sponsored programs. There are several private school programs in the local area for fees, schedules and program specifics, contact the schools directly.

The Children's  
Section of the  
Laughlin AFB  
Bookmark Library  
was renovated in  
March 2004.



## Pre-School/Daycare Programs

Program	Address/Location	Phone Number	Other	
The Honey Tree	3603 Veterans Blvd.	(830) 775-2521	<b>Disclaimer: The listing of these pre-school and daycare programs is not all inclusive. For additional programs in Del Rio, please refer to the local phone book. These listings do not constitute endorsement by the Department of Defense or the United States Air Force.</b>	
KD's Academy & Babyland	201 Ave A	(830) 768-3288		
Laughlin Air Force Base Child Development Center	Bldg. 476 Laughlin AFB	(830) 298-5419 DSN 732-5419		
Little School House	605 Amistad Blvd	(830) 775-2756		
Mi Escuelita Learning Center	3808 E. Hwy 90	298-7171		
Sacred Heart Catholic School	209 E. Greenwood St.	(830) 775-3274		
St. James Episcopal Day School	206 W. Greenwood St.	(830) 775-9911		<a href="http://www.stjamesdelrio.org/">http://www.stjamesdelrio.org/</a>
Methodist Day School	100 Spring St.	(830) 775-1541		(18 mos — 4 y/o)

### Additional Activities

Parent/Child Playgroup	Laughlin AFB Fiesta Center	(830) 298-5620	Mondays 1000-1200 All Ages
Baby Meets Playgroup	Laughlin AFB Chapel Annex	(830) 298-5620	Tuesdays 1000-1100 Ages 0-1
Story Hour	Laughlin AFB Bookmark Library	(830) 298-5757	Fridays, 0930, Wiggle Worm (toddlers)



## YES Program

The YES (Youth Employment Skills) Program is for high school aged dependents of active duty Air Force personnel. YES benefits Laughlin AFB by allowing our Youth Center to earn up to \$10,000 to purchase items like pool tables, computer centers, sports equipment, and any other items that would encourage teenage participation. The YES program increases volunteerism at our base to assist in the Air Force mission. YES benefits Laughlin's high school teens by allowing them to work up to 250 hours, and earn up to \$1,000 for college/school expenses. Teens learn valuable work skills; interviewing, resume preparation and on-the-job-training. The Youth Center Director manages the YES program. Please contact the Youth Center for more information on the YES Program by calling (830) 298-5343 or DSN 732-5343.

## Youth Center

Laughlin AFB Youth Center membership is open to dependents of active duty, retired military, DoD, NAF, and LAFB contractors between the ages of 6 and 18. The Youth Center provides recreational, educational, social, and sports programs. Educational opportunities consist of a Nationally Accredited School Age Program, which offers Before & After School activities and Day Camps (holiday and summer) for ages 5 to 14. A computer lab is available to as well as academic tutoring assistance. Tournaments are held in such sports as table tennis, foosball, Nintendo, air hockey, basketball, baseball, and soccer. The Youth Center is a member of the Boys & Girls Club of America. Social events include dances, movie night, bingo, craft night, clubs, outings, and tours. The center is the place for friends to meet and greet. It is referred to as *Casa de Amistad* or *House of Friends*.



**Laughlin AFB Youth Center**  
(830) 298-5343 or  
DSN 732-5343.

**Creative Night** is scheduled on a Saturday at the Youth Center in conjunction with **Give Parents a Break** (see information on the Child Development Center below).

## Child Development Center (CDC)

The Laughlin AFB Child Development Center (CDC) offers comprehensive age-appropriate activities for ages six weeks through five years of age. Children are separated by age and supervision ratios are set by DoD. The facility undergoes no-notice inspections and has an active Parent Advisory Board. The CDC part-day enrichment program is offered during the school year and is currently open to children 3-5 years of age. The program is open to all ID card holders at Laughlin AFB (including DoD Civilians and base contractors.) The CDC requires a registration package for each child including an AF Form 1181 to be completed with proof of all required immunizations prior to starting any CDC program. The full-day program is based on a 10 hour day, Monday-Friday. All fees are based on the combined family income. Hourly care is on a space available basis.

The facility opens one Saturday per month for the Air Force Aid Society (AFAS) funded **Give Parents A Break** program. The program targets military families under stress, separated due to deployment, and single parents. Eligibility for the program requires a written referral from a commander, first sergeant, chaplain, Family Advocacy, Family Support Center, CDC, or a physician. Parents not eligible for AFAS program may use the facility on a space available basis for **Parents Night Out** (\$3.50 per hour.)

Please call the CDC for further information or to schedule reservations at Comm (830) 298-5419 or DSN 732-5419. Normal CDC business hours are Monday thru Friday from 0630-1730.

Total Family	CDC Weekly
\$0-\$28K	\$58 per wk
\$28,001-\$34K	\$70 per wk
\$34,001 - \$44K	\$83 per wk
\$44,001 - \$55K	\$95 per wk
\$55,001 - \$70K	\$110 per wk
\$70K & up	\$124 per wk
Hourly	\$3.50 per hr

CDC fees current as of Nov 04

## Family Child Care (FCC) Providers

The Laughlin AFB Family Child Care Coordinator (FCC) maintains a list of people licensed to provide in-home care on base as well as the types of care they provide. For more information on this program contact the FCC at Comm (830) 298-5631 or DSN 732-5631 or the Family Support Center at (830) 298-5620 or DSN 732-5620. **Employment opportunities exist with the FCC Program for military spouses living on base.**



**Laughlin AFB CDC Playground**



Phone DSN 732-5620  
 Phone Comm (830) 298-5620  
 Email: [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil)  
 Business Hours: 0830-1630  
 Monday-Friday

Mailing Address:  
 Family Support Center  
 47 MSS/DPF  
 427 Liberty Drive  
 Bldg. 246 Rm. 301

### Employment Web sites

**Spouses to Teachers**  
<http://www.spousetoteachers.com>

**Staff Centrix**—the company that developed the "Portable Career & Virtual Assistant" training program for United States military spouses  
<http://www.movs.com>

**Office of Personnel Management**—the official job site of the United States Federal Government  
<http://www.usajobs.opm.gov>

**United States Air Force Personnel Center**—providing information on Air Force Civilian Employment  
<http://www.afpc.randolph.af.mil>

**San Felipe Del Rio Consolidated Independent School District**  
<http://www.sfdr-cisd.com>

*Whether seeking employment or just looking to volunteer to improve job skills, the Family Support Center can assist you.*

*There are several DoD Contractors on Laughlin AFB. They each have separate hiring processes. Please come by the Family Support Center for additional information.*



## Local Employment

Obtaining employment in the local area may prove to be challenging for the majority of job seekers. The local area provides limited professional job opportunities and below national average salaries. Local, major employers include Laughlin AFB, other federal agencies, San Felipe Del Rio Consolidated Independent School District, Wal-Mart, Val Verde Regional Medical Center, and the City of Del Rio.

There are many federal government agencies in the local area including, Laughlin AFB, US Customs, US Border Patrol, US Courts, Social Security, US Postal Service and National Park Service. The majority of federal job vacancies can be found on the Office of Personnel Management Web site and the United States Air Force Personnel Center Web site.

Overall the area offers the best employment opportunities for educators, and members of the medical and service industry. Due to our geographic location, proximity to Mexico, knowledge of the Spanish language is a beneficial skill for all job seekers.

Flexibility in hours, pay and types of work often decrease the period of unemployment. The majority of job seekers can expect a longer than average period of unemployment. While seeking employment, the Volunteer Resource Program can assist in maintaining and building future skill sets through assessment and placement in the local community.

For job hunting purposes, be sure to bring with you all employment records and information, resumes, transcripts, licenses, SF-50, and other important employment documents. It is important not to pack these items with your household goods shipment.

## Career Focus Program (Spouse Employment)

The Family Support Center's professional career counselors can assist family members in navigating the local job market and planning future career advancement. You may elect to contact the Family Support Center prior to your arrival. We operate a *Career Network* email distribution list with local employment opportunities. You can enroll in the *Career Network* by sending an email to [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil). The sooner you start your employment search the better.

Spouses eligible for the DoD Priority Placement Program should contact the Laughlin AFB Civilian Personnel Office by calling (830) 298-5806 or DSN 732-5806 or the Non-Appropriated Fund (NAF) Human Resource Office by calling (830) 298-4174 or DSN 732-5806 prior to their arrival.

Contact the Family Support Center by calling (830) 298-5620 or DSN 732-5620 for more information.

## Volunteer Resource Program

Many volunteer opportunities are available through the Laughlin AFB Volunteer Resource Program managed by the Family Support Center. Positions are available for volunteers on base and in the local community. Placement is based on volunteer desires and position availability. **For those with young children, up to 20 hours of free childcare per week per family may be provided.** We operate a *Volunteer Network* email distribution list with local volunteer opportunities. You can enroll in the *Volunteer Network* by sending an email to [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil). Contact the Family Support Center by calling (830) 298-5620 or DSN 732-5620 for more information.



Val Verde Regional Medical Center (VVRMC) provides emergency and inpatient care for Laughlin AFB.

**Contact Information:**

**47th Medical Group**  
590 Mitchell Blvd., Bldg. 375  
Laughlin AFB, TX 78843  
Comm Phone (830) 298-3578 or  
DSN Phone 732-3578  
Business Hours: 0700-1600  
Monday-Friday  
Closed on Federal Holidays and after  
1200 on 3rd Thursday of each  
month

**Life Skills Support Center**

47 MDG/SGOMH  
590 Mitchell Blvd., Bldg 375  
Comm Phone (830) 298-6422 or  
DSN Phone 732-6422  
Business Hours: 0730-1630

**TRICARE**

Web site: <http://www.tricare.osd.mil>  
Phone: 1-800-444-5445

**Val Verde Regional Medical Center (VVRMC)**

Web site: <http://www.vvrmc.org>  
Hospital Operator: (830) 775-8566

## Medical Care

### 47th Medical Group

The 47th Medical Group is located in Building 375 on Mitchell Blvd. and is home to the Laughlin AFB Clinic. There is an ambulance service (911), serving the base population. The Clinic provides a variety of services to our beneficiaries, including diagnostic and therapeutic services in the following specialties on an appointment basis: Pediatrics, Gynecology, Internal Medicine, Life Skills, Optometry, General Dentistry, Primary Care, Flight Medicine and Nutritional Medicine.

### Val Verde Regional Medical Center

Val Verde Regional Medical Center (VVRMC) is the civilian hospital in Del Rio. VVRMC provides emergency and inpatient care for Laughlin AFB. VVRMC is licensed for 93 beds and offers over 25 core medical services. There are currently 35 resident physicians on the medical staff, and 16 specialists visiting the Outpatient Center on a regular basis. The VVRMC EMS was selected "Best Public Provider" for the State of Texas for 1989.

## Exceptional Family Member Program (EFMP)

Personnel arriving with an exceptional family member should contact the EFMP office upon arrival. The office is co-located with the Life Skills Support Center Clinic.

The EFMP is designed to provide assistance to the children and adult dependents of eligible military personnel. Dependents who are emotionally disturbed or physically or mentally handicapped and incapable of self-support are provided treatment under this program. This assistance may be in the line of counseling, special medical or educational assistance, and financial assistance.

Local support services are limited for some special needs, so please coordinate with EFMP prior to PCSing to ensure your family member's needs can be met by our community.

Personnel arriving with an Exceptional Family Member should contact the EFMP office upon arrival for information on the Medical Appointment System, the Community Referral System and their services. The office is located in the Life Skills Support Center at the Laughlin Clinic and can be reached at (830) 298-6422 or DSN 732-6422.

## Home Alone Policy AFI 40-301 (Family Advocacy)

According to AFI 40-301, 1.21. (ADDED) *Guidelines for the Supervision of Minor Children:* Laughlin AFB leadership recognizes there is parental discretion in leaving children unsupervised, and children often play independently of adult supervision. However, a parent or responsible adult must be immediately available to children or babysitters.

Commensurate with Texas Law:

1. No child under the age of 5 shall be left unsupervised at any time.
2. No child under the age of 10 should be left unsupervised on base.
3. Children between the ages of 10 and 13 should not be left unsupervised for periods of more than eight hours.
4. No child under the age of 14 should be left alone overnight.
5. Babysitters on LAFB should be at least 12 years old; overnight babysitters should be at least 16 years of age.
6. Babysitters on LAFB must receive instruction in babysitting either through the Red Cross course for babysitters, or an equivalent course. The knowledge base should include but not be limited to: first aid and safety procedures, appropriate activities for developmental levels, safe toys, and coordinating with parents. Awareness of shaken baby syndrome, diaper changing and SIDS for sitters caring for infants is mandatory.

All questions concerning the Laughlin AFB Home Alone Policy should be addressed to Family Advocacy by calling (830) 298-6422 or DSN 732-6422.

## Things to Do at Laughlin AFB

The Automotive Skills Center provides the latest in vehicle diagnostic equipment, minor repair and assistance for the do-it-yourself mechanic, and vehicle inspections for state vehicle registration. The Base Hunting Area is open to bow and gun hunting, during state hunting seasons, and requires registration with 47th Security Forces Squadron, base hunting training, and a state license. The Cactus Bowling Lanes is a professionally-maintained facility equipped with 10 lanes that include automatic scoring machines. Bowling accessories are available for sale in the pro shop. They house a snack bar, which serves breakfast, lunch and dinner. Club Amistad is the enlisted annex, providing an enlisted lounge and snack bar. Club Amistad is open for membership to NCOs, airmen, retired enlisted personnel and civil service employees. Renovations were completed to Club XL in November 2004. Club XL is open to all military (active and retired), civilian, base contractors and dependents. The facility includes the officer and civilian equivalent casual bar, banquet room, dining room and ballroom. The Frame and Wood Skills Development Center has a complete line of woodworking machines and hand tools. There are unfinished furniture kits and a large selection of prints and framing materials available for sale. In addition, an engraving shop with a full line of plaques, desk sets, and clocks is also available. The Leaning Pine Golf Course is a beautifully maintained, challenging nine-hole course. It is open year-round, except on Thanksgiving and Christmas Day. The course also features a putting green, practice driving range, and the opportunity to take classes. The club house contains a pro shop stocked with the latest accessories, along with a lounge and snack foods. Clubs, pull carts and electric carts may be rented. Outdoor Recreation Equipment Check-Out has an array of quality recreational equipment available. Tickets are also available for Sea World, Fiesta Texas, and Schlitterbahn at a considerable savings. Southwinds Marina, the Air Force outdoor recreation area and boat ramp, located near Amistad Dam, has fishing, pontoon and ski boats for rent. A boating safety class is required to rent the boats. The store sells snacks, bait, tackle, water sports equipment, and fuel. There are overnight camping and picnic areas and recreational vehicle hook-ups located on site. Fishing in the lake requires a state fishing license. All hunting and fishing licenses can be purchased at the Base Exchange. Upcoming events and attractions are widely publicized on Laughlin AFB.



Frame & Wood Skills Center



Bowling Alley (Cactus Lanes)



### Dining and Shopping on Laughlin AFB

Agency	Phone Number
AAFES/Base Exchange (BX)	(830) 298-2111/3627
Automotive Skills Center	(830) 298-5844
Barber Shop (Anderson Hall)	(830) 298-5344
Barber Shop (BX) And Beauty Shop	(830) 298-0870
Bowling Alley (Cactus Lanes)	(830) 298-5526
Burger King	(830) 298-3001
Chaparral Dining Facility	(830) 298-5295
Club Amistad (Enlisted Annex)	(830) 298-5346
Club XL Collocated Club	(830) 298-5134
Commissary/Deli	(830) 298-5821
Pepperoni's!	(830) 298-5407
Shoppette & Auto Service Station	(830) 298-3867
Silverwings Snack Bar	(830) 298-5661
Thrift Shop	(830) 298-5592



Base Horse Stables

### Activities on Laughlin AFB

Agency	Phone Number
47th Services Division	(830) 298-5810
Base Hunting Area	(830) 298-51000
FAM Camp/RV Park & Picnic Grounds	(830) 298-5830
Family Support Center	(830) 298-5620
Fiesta Community Center	(830) 298-5474
Frame & Wood Skills Center	(830) 298-5153
Friendship Pool	(830) 298-4194
Golf Course (Leaning Pine)	(830) 298-5451
Library (Book Mark)	(830) 298-5757
Outdoor Recreation, Stables, RV/Boat Storage, & Trap & Skeet Range	(830) 298-5830
Southwinds Marina (Lake Amistad)	(830) 775-7800
XL Fitness Center	(830)
Outdoor Jog/Walk Trails	298-5326/5251
Youth Center	(830) 298-5343



## XL Fitness Center and Health & Wellness Center (HAWC)

The 47th Services Division XL Fitness Center officially opened its doors to their brand new facility in November 2004. The XL Fitness Center houses basketball/volleyball courts, aerobics studio (free aerobics classes), men's locker room, women's locker room, cardiovascular area (equipped with a Cardio Theater, which allows customers to view six TV stations and two different radio stations), free weight room, racquetball courts, indoor track, indoor swimming pool, juice bar, and a child-friendly workout room for parents of young children, allowing room for strollers and a play area. Olympic weight equipment Stairmasters, Versa-Climbers, stationary bicycles, and rowing machines are only a few of the high-quality equipment offered for your satisfaction at the gym. The XL Fitness Center is committed to maintaining the highest possible morale of the military populace, retirees, DoD civilians and their dependents assigned to Laughlin AFB and to promote quality facilities, programs, and above all, assist individuals in maintaining physical fitness levels. Sports facilities are open for the use and enjoyment of the active duty and retired military members, their dependents, DoD civilians, and NAF employees.

The Laughlin AFB Health & Wellness Center (HAWC) is supervised by the 47th Medical Group's Health Promotion Office. The HAWC programs are designed to help change behavior to healthier lifestyles, to reduce health care costs and to improve Air Force Readiness. The HAWC offers a variety of classes. Please contact them for more information by calling DSN 732-6464 or Comm (830) 298-6464.

### XL Fitness Center

Bldg. 358  
 DSN Phone: 732-5251  
 Comm Phone:  
 (830) 298-5251

Office Hours:  
 Monday-Friday 0730-1630  
 Weekends & Holidays Closed

Business Hours:  
 Monday-Thursday 0500-2300  
 Friday 0500-2000  
 Saturday & Sunday  
 0700-2000  
 Holidays 1000-1800

### Health & Wellness Center (HAWC)

Comm Phone:  
 (830) 298-6464  
 DSN Phone: 732-6464



**XL Fitness Center and HAWC opened their new facility in November 2004!**

## 47th Services Division

Laughlin Air Force Base 47th Services Division prides itself on having one of the most complete Services Division and Recreational Services in the Air Force. Everyone is encouraged to participate in organized sporting events, aquatics, outdoor recreation, entertainment, crafts, and many other high-energy and enriching programs. The Mission of the 47th Services Division is to continue to support Laughlin's flying training and readiness mission by offering Air Force people financially responsible, customer-focused programs promoting physical fitness, unit esprit de corps and community quality of life. The vision of the 47th Services Division is to be the Laughlin community's preferred choice for programs and services by providing world-class and customer driven, quality of life programs. Their mission and vision is fulfilled each day as they offer Laughlin patrons weekly lunch and dinner specials at Club XL and the Bowling Center. The Fiesta Community Center has new business hours, staying open later to provide services and activities, and morning and evening classes, for everyone. Some of the classes offered include: Tumbling Tots for ages 3-5, Beginners Gymnastics for ages 6-9, Kujukenbo (self-defense classes), and Conversational Spanish. From Bingo to Family Craft Night to Dart and Bowling Tournaments to Karaoke at the club, Laughlin AFB 47th Services Division is guaranteed to have an activity for you to enjoy!

### Internet Resources

Agency	Web site
Army and Air Force Exchange Service (AAFES)	<a href="http://www.aafes.com">http://www.aafes.com</a>
Defense Commissary Agency (DeCA)	<a href="http://www.commissaries.com">http://www.commissaries.com</a>
Texas Parks & Wildlife: Hunting in Texas	<a href="http://www.tpwd.state.tx.us/hunt/">http://www.tpwd.state.tx.us/hunt/</a>
United States Air Force Services	<a href="http://www.afsv.af.mil">http://www.afsv.af.mil</a>
National Park Service: Amistad	<a href="http://www.nps.gov/amis/index.htm">http://www.nps.gov/amis/index.htm</a>



Fiesta Community Center  
 Bldg. 235, Liberty Drive  
 DSN Phone 732-5474  
 Comm Phone  
 (830) 298-5474  
 Business Hours:  
 Mon-Tue 1100-1800  
 Wed-Fri 1100-2000  
 Sat 1430-2200  
 Sun 1230-2000  
 Closed on holidays

## Local Area Churches

Name	Address	Phone	Name	Address	Phone
<b>Apostolic</b>			<b>Charismatic</b>		
Bible Way Church of our Lord Jesus Christ <a href="http://www.biblewaychurch.com">http://www.biblewaychurch.com</a>	409 E. Cortinas	(830) 775-9221	Del Rio Christian Fellowship	115 Wildwood	(830) 774-4357
<b>Assemblies of God</b>			<b>Christian—Independent</b>		
Living Stone Worship	190 Western Dr.	(830) 774-6494	Noah's Ark Day Center	903 Cantu Rd.	(830) 775-3219
Templo Betania Asambleas de Dios	902 Virginia	(830) 774-7118	First Christian Church	2101 N. Main	(830) 775-3433
Templo Bethel	506 Esquivel	(830) 774-1291	<b>Christian Science</b>		
Templo Tabernacula	1102 W. Martin	(830) 775-7936	Christian Science Society	320 Griner	(830) 775-4432
<b>Baptist</b>			<b>Church of Christ</b>		
First Baptist Church	301 Avenue G	(830) 775-7463	Central Church of Christ	402 Cantu Rd.	(830) 775-3262
Grapevine	301 Avenue G	(830) 775-8888	Northside Church of Christ	805 E. 12th	(830) 775-3920
Iglesia Cristo Vive	500 Ramon	(830) 774-3216	<b>Church of Jesus Christ of Latter Day Saints</b>		
Liberty Missionary Baptist Church	609 Cantu Rd.	(830) 775-5721	Church of Jesus Christ of Latter Day Saints	1315 Kings Way	(830) 775-4511
Northside Baptist Church	1100 Amistad Blvd	(830) 774-6111	<b>Disciples of Christ</b>		
Primera Iglesia Bautista	807 W. Bean St.	(830) 774-7414	Del Rio Christian Church Disciples of Christ	1701 Kings Way	(830) 774-4141
<b>Baptist—Independent</b>			<b>Episcopal</b>		
Greater Mt. Olive Baptist Church	920 N. Main	(830) 774-4389	St. James Episcopal Church <a href="http://www.stjamesdelrio.org">http://www.stjamesdelrio.org</a>	206 W. Greenwood	(830) 775-7292
Iglesia Bautista Principe de Paz	700 W. 15th	(830) 774-3188	<b>Full/Gospel</b>		
Victory Baptist Church	409 N. Main	(830) 774-7323	True Vine Worship Center	107 N. Main St.	(830) 778-8463
<b>Baptist—Southern Baptist Convention</b>			<b>Inter—Faith—Full—Gospel</b>		
First Baptist Church	301 Avenue G	(830) 775-7463	Grace Community Church <a href="http://www.grace-online.org">http://www.grace-online.org</a>	709 Kings Way	(830) 774-5755
<b>Bible</b>					
Christ Bible Fellowship	901 Amistad Blvd	(830) 775-0741			
Del Rio Bible Church	201 Spring St.	(830) 768-1438			
<b>Bible/Evangelical</b>					
Christ Is the Answer Church	609 W. Martin	(830) 775-2338			
<b>Catholic</b>					
Our Lady of Guadalupe Church	509 W. Garza	(830) 775-3713			
Sacred Heart Church	307 E. Losoya	(830) 775-2143			
St. Joseph Church	510 Wernett	(830) 775-4753			

Current as of Jul 04

## Local Area Churches

Name	Address	Phone
<b>Interdenominational</b>		
Del Rio Victory Life Ministries	1308 Garza	(830) 768-1393
Del Rio Christian Fellowship	115 Wildwood Dr.	(830) 774-4357
Grace Community Church <a href="http://www.grace-online.org">http://www.grace-online.org</a>	709 Kings Way	(830) 774-5755
<b>Jehovah's Witnesses</b>		
Jehovah's Witnesses English & Spanish (West)	725 Cantu Street	(830) 775-8262
Testigos de Jejova East & South	725 Cantu Street	(830) 775-5494
<b>Korean</b>		
Full Gospel Korean Church	103 East Academy	(830) 775-0998
<b>Lutheran</b>		
Grace Lutheran Church	201 Western Dr.	(830) 775-5797
Iglesia Luterana Cristo El Salvador	204 Wernett St.	(830) 775-9904
<b>Methodist</b>		
El Principe de Paz United Methodist Church	404 Chamoy St.	(830) 774-3698
First United Methodist Church Email: <a href="mailto:pastor@delriofumc.com">pastor@delriofumc.com</a>	100 Spring Dr.	(830) 775-1541
<b>Non-Denominational</b>		
First Christian Church	2101 N. Main	(830) 775-3433
Jesus Loves You Church	310 Waters Ave	(830) 774-4810
<b>Pentecostal</b>		
Living Stone Worship Center	190 Western Dr.	(830) 774-6494
<b>Pentecostal—United</b>		
Lighthouse United Pentecostal	901 E. 1st St.	(830) 775-6645
<b>Presbyterian</b>		
First Presbyterian Church	220 Spring St.	(830) 775-3173
<b>Seventh Day Adventist</b>		
Seventh Day Adventist Church of San Felipe	501 E. Bean St.	(830) 774-2212 Lay Pastor Cell Phone Number (830) 765-7062

### Laughlin AFB Chapel Programs and Services

The Laughlin AFB Chapel staff and faith community leaders work hard to provide an ever-increasing and comprehensive spiritual and religious program for the base community. The mission of the Chapel: Provide Proactive, Comprehensive Spiritual and Pastoral care for Air Force members and their families and provide opportunities to exercise their constitutional right to freedom of religion.

#### Catholic Services

Daily Mass Monday-Friday 1205  
Choir Practice Thursdays 1800  
Rite of Christian Initiation (RCIA) Thursdays 1930  
Reconciliation Saturdays 1615 or by appointment  
Weekend Mass Saturdays 1700 & Sundays 0930  
Religious Education Sundays 1100

#### Protestant Services

Choir Practice Wednesdays 1900  
Contemporary Worship/Base Theater Sundays 0900  
General Protestant Worship (Blend of Liturgical & Contemporary Worship) Sundays 1100  
Protestant Women of the Chapel Ladies' Bible Study Mondays 1900/Base Theater and Wednesdays & Thursdays 0900/Chapel

#### Chapel Events

The ROCK Youth Group/Base Theater Fridays 1900-2200

Multi-Faith Prayer Breakfast 3rd Wednesday of every month at the Chapel Fellowship Hall/0645  
All are invited to a FREE breakfast!

For information on Chapel events, programs, services, Jewish, Muslim and other denominations please contact the Chapel office by calling DSN 732-5111 or Comm (830) 298-5111.



Laughlin AFB Chapel  
Bldg. 359 on 5th Street  
DSN Phone 732-5111  
Comm Phone (830) 298-5111

Current as of Jul 04

## Welcome to Del Rio

Del Rio is located on the rugged **Rio Grande River**. An average annual temperature of 70 makes any time the right time to enjoy sun-filled days in the spectacular canyon country. You can put away your snow shovels and break out the golf clubs — even in December! Del Rio is a colorful and festive town with a variety of events during the year. Visit the Del Rio Chamber of Commerce website for an updated calendar of events scheduled in and around Del Rio. The Firehouse Gallery is home of the Del Rio Council for the Arts. It is so named because it occupies the former city hall and fire station built in 1922 at 120 E. Garfield. The Firehouse Gallery has new exhibits of artwork each month for free viewing and is open from 8:30-1730.

The **Whitehead Memorial Museum** located at 1308 Main Street has guided tours and exhibits of the "Old West." The museum includes the historic old Perry Store, once the largest mercantile establishment between San Antonio and El Paso. Graves of Judge Roy Bean and his son Sam are on the grounds near a replica of the Jersey Lilly, housing memorabilia of the Judge. It features a Mexican-American display, numerous pioneer objects and an International Chapel dedicated to the memory of the Spaniard who brought Christianity to the region. The museum's beautiful grounds make it a popular site for social functions.

The **Val Verde Winery**, the oldest (and for many years only) licensed winery in Texas, is a family enterprise in its third generation. It was founded by the Qualia family who came to the U.S. and Del Rio from Italy in 1883. It is in one of Del Rio's most beautiful areas at 100 Qualia Drive. The winery can be reached from downtown by going south on Pecan Street. Visitors to this historical landmark are accorded a free tour and wine tasting session.

**Amistad Dam** is located 12 miles west of Del Rio on Spur 349 off U.S. Highway 90. It is the third largest international man-made lake in the world. The dam has a 254 foot-high concrete section spanning the Rio Grande with flanking earth embankment. The whole structure is approximately six miles long. The reservoir covers some 67,000 acres, extending 78 miles up the Rio Grande, 25 miles up Devil's River and 14 miles up the Pecos River. The dam has a border crossing station open to motor vehicle traffic between 8 a.m. and 4 p.m. There is a visitor center; public rest rooms are available. Tlaloc — "The Rain God" is on a pedestal of fitted stone at the Mexican end of Amistad Dam. It is approximately 23 feet tall, made of special stone from Mexico City by sculptor Ramiro S. Gabino and then carried in small sections and fitted together at the site in the summer of 1969. It is the only copy of the original carved from volcanic rock by the Teotihuacan people who lived in the Valley of Mexico before the Aztec.

The area in and around Del Rio has long been recognized as one of the best hunting spots in Southwest Texas. There are numerous aoudads, mouflons, white-tailed deer, mule deer, red and gray fox, javelina, and the Rio Grande turkey that can be found in the rugged country near Del Rio. Dove and quail are abundant throughout the entire country, too.

For those of you who love to hunt, there are a couple of exotic game ranches in and around Val Verde County. One main one that comes to mind is the **Indian Head Ranch**. It is a 10,000 acre ranch that is connected to the **Devils River**. It is rated as one of the best exotic game ranches in Texas. Their success rate is at 95% with 95% SCI record class trophies. The Indian Head Ranch has a motto that says, "As good as it gets on an Exotic Game Ranch in Texas!" To find out what kind of exotic game they have out there in their rugged land, you have to visit their website to believe it. Just go to quick links and click on Indian Head Ranch. The prices vary depending on what animal you hunt.

If you do not have a rifle they are able to lend you one. But if you're not into paying "Big Bucks" on going to a game ranch, the **Texas Parks and Wildlife of Del Rio** has **5 free government hunting areas**. On these areas you can only hunt with a Bow and Arrow or Cross-Bow for game animal, unless it is rabbit or bird, which then a shotgun is allowed. Remember, these are public hunting areas, and there will be others scattered through the terrain so "Be Safe." Hunt Area 1 has 1,485 acres of pure hunting terrain at current low lake level 1,080ft.MSL. Hunt Area 2 has 1,064 acres to hunt on. Hunt Area 3 has 245 acres, but since it is located behind a little group of houses where people feed them, people have reported seeing monster bucks there. Hunt Area 4 is 516 acres and is boat access only. And last but not least, there is Hunt Area 5, which has 626 acres of pure outdoor country. All 5 of these places have at least one boundary of shore line to them. Some of these areas have exotics like aoudads or mouflons. You can even find javelina and, of course, white-tailed deer. There is also on-base hunting. For more information, concerning hunting on-base, please contact the 47th Security Forces Squadron at Comm (830) 298-5100 or DSN: 732-5100.



Rock Art Foundation



Fishing is fun in **Amistad Reservoir**. Bass, perch, alligator gars, carp, strippers, and catfish are plentiful; and the cool, clear waters of this mammoth inland sea make the catches a gourmet's delight. The lake, already well-supplied with fish, is regularly stocked by the Texas Fish and Game Department. There are also monthly Bass Tournaments held at the Amistad Lake. Fishermen from all over come to compete against each other to try and win the monthly prize. **Amistad Lake** has records recorded of over 35 pound catfish, 210 pound alligator gar with 95 inches in length, 45 pound stripped bass, 15.58 pounds on large mouth bass, and a 17.93 pound 32 inch mirror carp. By far, the Amistad Reservoir offers one of the best fishing experiences in Texas.

**Amistad Dam** has created a lake which reaches for nearly 85 miles up the Rio Grande and is a haven for boat and water enthusiasts. Developments of the recreation areas on the lake by the National Park Service include free public boat-launching facilities, campgrounds, and picnic areas. Boats, bait, and supplies are available at the lake. Check the Del Rio Chamber of Commerce website for church listings. The web address is located in the above right hand corner. San Felipe Del Rio Consolidated Independent School District has membership available in clubs and organizations sponsored by the school. Ask your school counselor for a current listing.

The **City of Del Rio** also hosts Basketball, Flag Football, and Softball seasons. For more information on City League Sports, please feel free to contact the Del Rio Parks and Recreation at (830) 774-8541 or just go to 201 Avenue P.

The downtown area is home to the **Val Verde County Library, Paul Poag Theater**, beautiful **San Felipe Creek, Whitehead Memorial Museum, Val Verde Winery**, several local art galleries, and much more. The city celebrates many Mexican and American holidays such as Cinco de Mayo and the annual Christmas Parade.

Del Rio is famous for Bull-riding and hosts the annual **Bull Bonanza** and **Dale Gas PRCA Rodeo** as well as other amateur rodeo events throughout the year.

Del Rio is rich with local flavor! Wonderful food, small town service, unique shops, and rich Mexican history are waiting to be explored. From local American and Mexican celebrations to the local performing arts theater, you will find Del Rio a charming cultural experience with a unique flavor! The Family Support Center offers a monthly tour of Del Rio. This is a perfect opportunity to discover the hidden treasures of Del Rio! The tour is free, but lunch is Dutch Treat. For more information on the tours, call (830) 298-5620 or DSN: 732-5620.

### Del Rio Internet Resources

Agency	Web site
Boys and Girls Clubs of Southwest Texas	<a href="http://www.bgcdr.org">http://www.bgcdr.org</a>
Casa del la Cultura	<a href="http://www.delriousa.com/casa.html">http://www.delriousa.com/casa.html</a>
Creek Walk and San Felipe Springs	<a href="http://www.cityofdelrio.com/parkrec.htm">http://www.cityofdelrio.com/parkrec.htm</a>
Del Rio Chamber of Commerce	<a href="http://www.drchamber.com">http://www.drchamber.com</a> <a href="http://usachamber.com/delrio">http://usachamber.com/delrio</a>
Del Rio Council of the Arts (The Firehouse)	<a href="http://www.delrioarts.org">http://www.delrioarts.org</a>
Paul Poag Theater	<a href="http://www.cityofdelrio.com/paulpoag/">http://www.cityofdelrio.com/paulpoag/</a> <a href="http://www.delriousa.com/ppt.html">http://www.delriousa.com/ppt.html</a>
Rodeo Events and Bull Riding	<a href="http://www.badcompanyrodeo.com/">http://www.badcompanyrodeo.com/</a> <a href="http://drchamber.com/play/events.php">http://drchamber.com/play/events.php</a>
Studio Arts Gallery	<a href="http://www.studioartsgallery.com/">http://www.studioartsgallery.com/</a>
Upstagers	<a href="http://www.upstagers.org/">http://www.upstagers.org/</a>
Val Verde Winery	<a href="http://www.drchamber.com/play/attractions/winery/.php">http://www.drchamber.com/play/attractions/winery/.php</a>
Whitehead Memorial Museum	<a href="http://www.whitehead-museum.com/">http://www.whitehead-museum.com/</a>



Continental Airlines and one of its regional carriers, SkyWest Airlines, has agreed to establish a Del Rio-Houston route. They will provide passenger air service into and out of Del Rio National Airport, beginning in March 2005. Please refer to their Web site for more information: <http://www.continental.com/>



## Del Rio—The Surrounding Area

Del Rio is located on the rugged **Rio Grande River**. An average annual temperature of 70 makes any time the right time to enjoy sun-filled days in the spectacular canyon country. Del Rio is the center of a four million acre ranching area, which produces more sheep and goats, wool and mohair than any other area in the world. Foremost among Del Rio's natural benefits is **Lake Amistad**, formed by a 250-foot dam across the Texas-Mexico boundary — the Rio Grande River. Lake Amistad is the third largest man-made lake in the United States. Amistad means friendship in Spanish — and friendship is part of a tradition which makes visitors to Del Rio and its sister city, **Ciudad Acuña**, Mexico, feel welcome!

Another nearby town is **Langtry**, Texas, which is 50 or 60 miles west on highway 90 from Del Rio, in Val Verde County. Langtry has a population of only 18 people, and is currently for sale. The town dates to 1881 when a silver spike was driven by the railroad commemorating the completion of the line. Among the people fighting for the spike after the ceremony was the **Honorable Judge Roy Bean**.

Another attraction is the **Pecos River Bridge**, which is about 45 miles west on highway 90. This bridge has an almost 300 foot drop. Another 5 miles closer to Del Rio, you can stop at the **Seminole Canyon State Historical Park**. It is opened daily. Guided hiking tours are available to see rock pictographs that are reportedly 4,000 years old.

Rough Canyon, Texas, is only 25 miles north of highway 277. Take 277 north, then make a left on Rec. Road 2 for approximately 5 miles. This will lead you to the **Devils River** where you can have a picnic, cookout, swim, fish, or just put your boat or jet ski in the water and have some fun. The Rough Canyon Recreation area is one of the most peaceful areas that Amistad Lake has to offer.

**Loma Alta**, Texas, is about 40 miles north of highway 277, which is still in Val Verde County. The name "Loma Alta" is Spanish, which stands for "High Hill" or "Knoll." Loma Alta stands at an altitude of 2,007 feet above sea level. There are historical markers located there. Historically, the site was occupied by one or more groups of the Patarabueye Indians and probably seasonally by the Jumanos as well.

**Brackettville** is located 32 miles East of Del Rio on Hwy 90. A good part of the Brackettville population has historically been made up of the **Seminole Indian Scouts**. This is a group descended from an original 150 Black and Seminole Indians who were employed by the U.S. Army to scout around the U.S.—Mexico border. Area attractions include **Ft. Clark Springs**, Seminole Indian Scout Cemetery, Alamo Village, Kickapoo Cavern State Park, historical buildings, and scenic drives.

**Comstock** is located 29 miles Northwest of Del Rio. Named after a railroad dispatcher for the Galveston, Harrisburg and San Antonio Railroad, Comstock came into being about 1883.

**Eagle Pass** is located 56 miles south of Del Rio/Laughlin AFB on US Hwy 277. Major attractions in Eagle Pass and her sister city **Piedras Negras** include the Mall de las Aguilas, Kickapoo Lucky Eagle Casino, Historic Texas Architecture, Fort Duncan Park, Golf Course, Public Library & Courthouse, San Juan Plaza, and the Maverick County Lake.

Fort Clark Springs was once a working fort on the Indian frontier, Fort Clark (30 miles from Del Rio) is now a vacation getaway and attraction for history buffs. An Olympic size swimming pool is open year round to members and their guests. The pool is fed by adjacent Las Moras Spring — the same spring that beckoned Indians and early settlers to the area. The U.S. Army established Fort Clark on the banks of Las Moras Creek in 1852. The original Officers Club at Fort Clark, Dickman Hall, is now Las Moras Inn. Patton Hall, once a stone barracks for cavalry troops, along with Bullis Hall, comprise a modern motel of 38 rooms with free cable television. Visitors can also stay at the recreational vehicle park with complete hook-up facilities. Visitors are welcome at the fort's 18-hole golf course.

**Uvalde** is located 60 miles east of Del Rio/Laughlin AFB on US Hwy 90. The Chamber of Commerce web site includes information on Uvalde attractions. Major attractions in Uvalde Area include **Garner State Park**, Uvalde Golf Club (18 holes), Janey Slaughter - Briscoe Grand Opera House, Briscoe Art and Antique Collection, John Nance Garner Home and Museum, **Aviation Museum of Texas at Garner Field**, and more. First settled in 1853, Uvalde is located 70 miles west of San Antonio between the border town of Del Rio and the great city of San Antonio. Situated in Southwest Texas, Uvalde is an hour drive from the Ciudad Acuña, Mexico, and at the junction of two of the largest highways--US 90 and US 83. The county covers 1,588 square miles and is midway between San Antonio and the International Amistad Reservoir on the border. Uvalde covers 5.47 square miles. The town is connected to Knippa and Sabinal to the east and Cline to the west by the main line of the South Pacific Railroad, which generally runs parallel to US 90.

**Fort Clark Springs**



**Val Verde is a big county and has numerous towns with a variety of historical sites waiting to be seen!**

**Lake Amistad**





## Ciudad Acuña, Mexico

Del Rio's sister city, Ciudad Acuña, directly across the Mexico - U.S. border, is the best border city in Mexico. The unique shopping experience, great food and a welcoming atmosphere await you. Ciudad Acuña's charm begins just across the international bridge on the main street in the shopping district - Calle Hidalgo (Hidalgo Street). This area, made famous by Hollywood's movie industry, offers world-famous cuisine, leather goods, gift shops, and night life. It is connected to Del Rio by a city-owned international bridge, which averages almost a million vehicular crossings each year. Visitors often take advantage of the beautiful handiwork available - carved onyx, leather goods, hand-crafted glass, and jewelry are found at reasonable prices to fill the shoppers \$500 duty-free limit.

Ciudad Acuña hosts a range of events throughout the year, including an international fishing tournament, Cinco de Mayo festivities, Mexican Independence Day celebrations, and the joint International Parade commemorating Ciudad Acuña's friendship with Del Rio. As for night life, Acuña offers gourmet dinners of quail, cabrito, stuffed chilies, steak, tampiquena, and other Mexican delicacies. After dinner, visitors can listen to mariachis, or tour the shopping area. English is spoken throughout the shopping area and American currency can be used.

Ciudad Acuña is located within the country of Mexico. **Please remember that when you cross the Rio Grande, you are in another country and must obey its laws.** The Legal Office (contact information available on page 9) can provide information to assist you during your visit to Mexico.

The Family Support Center offers monthly tours to our sister city. What a great way to become accustomed to the city, local unique shopping opportunities and sample some authentic Mexican food! There is a nominal fee to cover the Port of Entry Fee and taxi cabs into Mexico. Due to the popularity of the tour, reservations as required. For more information on the tours, call Comm (830) 298-5620 or DSN 732-5620.

Ciudad Acuña



Amistad Dam

### Travel to Mexico

Active duty personnel must return to the U.S. NLT 0130 unless they obtain prior approval from their unit commander.



**ATTENTION LAUGHLIN MEMBERS (As of APR 05)**  
Active duty personnel (only) age 18 through 20 may purchase, possess, and consume beer or wine (only) while physically on Laughlin AFB. The sale of alcohol (beer and wine) to active duty members between the ages of 18 and 21 years of age can only be made by 47th Services Squadron establishments (Clubs, bowling alley, etc.).

## Surrounding Area Internet Resources

Attraction/Phone Number	Websites
Brackettville, TX	<a href="http://www.texasescapes.com/TexasHillCountryTowns/BrackettvilleTexas/BrackettvilleTx.htm">http://www.texasescapes.com/TexasHillCountryTowns/BrackettvilleTexas/BrackettvilleTx.htm</a> <a href="http://www.brackettville.com/">http://www.brackettville.com/</a>
Comstock, TX	<a href="http://www.texasescapes.com/TOWNS/Comstock_Texas/Comstock.htm">http://www.texasescapes.com/TOWNS/Comstock_Texas/Comstock.htm</a> <a href="http://www.ohwy.com/dx/d/comstock.htm">http://www.ohwy.com/dx/d/comstock.htm</a>
Del Rio Chamber of Commerce (830) 775-3551	<a href="http://www.drchamber.com">http://www.drchamber.com</a> <a href="http://www.usachamber.com/delrio">http://www.usachamber.com/delrio</a>
Eagle Pass, TX (830) 773-3224 or (888) 355-3224	<a href="http://www.eaglepasstexas.com/">http://www.eaglepasstexas.com/</a> <a href="http://www.texasescapes.com/SouthTexasTowns/EaglePassTexas/EaglePassTx.htm">http://www.texasescapes.com/SouthTexasTowns/EaglePassTexas/EaglePassTx.htm</a>
Fort Clark Springs, TX (830) 563-2493/2495	<a href="http://www.fortclark.com/">http://www.fortclark.com/</a>
Langtry (915) 291-3340	<a href="http://www.texasescapes.com/TOWNS/Texas_ghost_towns/Langtry_Texas/Langtry_Texas.htm">http://www.texasescapes.com/TOWNS/Texas_ghost_towns/Langtry_Texas/Langtry_Texas.htm</a>
Uvalde, TX (830) 278-3315/2234	<a href="http://www.uvaldetx.com/">http://www.uvaldetx.com/</a> <a href="http://www.uvalde.org/">http://www.uvalde.org/</a> <a href="http://www.texasescapes.com/TexasHillCountryTowns/UvaldeTexas/UvaldeTx.htm">http://www.texasescapes.com/TexasHillCountryTowns/UvaldeTexas/UvaldeTx.htm</a>

## Local Restaurants

Name	Address	Phone	Name	Address	Phone
Applebee's	2205 Veterans Blvd	(830) 768-1300	Luby's Cafeteria	2211 Veterans Blvd	(830) 768- 0434
Avanti Italian Restaurant	600 E. 12 <sup>th</sup> St	(830) 775-3363	McDonalds	1701 Veterans Blvd	(830) 774-4505
Blimpics	1750 Veterans Blvd	(830) 774-4747	Mr. Gatti's Pizza	2400 Veterans Blvd	(830) 774-5616
Burger King	2204 Veterans Blvd	(830) 775-0833	New China Buffet	110 Miers St	(830) 778-9175
Chili's Bar and Grill	2415 Veterans Blvd	(830) 774-1171	Papa Johns	500 Bedell Ave	(830) 775-7252
Church's Fried Chicken	1900 Veterans Blvd	(830) 775-4788	Pizza Hut	2114 Veterans Blvd	(830) 774-5576
Cripple Creek Restaurant	Hwy 90 West.	(830) 775-0153	Ramada Inn	2101 Veterans Blvd	(830) 775-1511
Dairy Queen	1901 Veterans Blvd	(830) 775-1935	Salas Better Burger	913 E Ogden St	(830) 775-0051
The Deli	2107 Veterans Blvd	(830) 774-3354	Seoul Restaurant	703 E Gibbs St	(830) 775-2696
Dominos Pizza	2150 Bedell Av	(830) 775-3030	Sirloin Stockade	2015 Veterans Blvd	(830) 774-0411
Don Marcellino	1110 Veterans Blvd	(830) 775-6242	Skillet's	2003 Veterans Blvd	(830) 775-6060
Don Marcelino's #4	3710 Veterans Blvd	(830) 774-2424	Sonic	1109 Veterans Blvd	(830) 774-1261
Flamingo 50's Hamburgers	1750 Veterans Blvd	(830) 775-4001	Subs and Clubs	2121 Bedell Ave	(830) 774-7450
Golden Chick	501 Veterans Blvd	(830) 775-2442	Subway	2110 Veterans Blvd	(830) 774-4536
Hot Pit BBQ	309 Veterans Blvd	(830) 775-3883	Taco Bell	1810 Veterans Blvd	(830) 775-5156
Jitra Thai Cuisine	800 E. Gibbs St	(830) 775-7553	The Feed Store	1001 E Ogden St	(830) 775-2998
Kentucky Fried Chicken	1410 Veterans Blvd	(830) 775-9745	Wendy's	2213 Veterans Blvd	(830) 768-1992
Long John Silvers	1205 Veterans Blvd	(830) 775-9111	Whataburger	2113 Veterans Blvd	(830) 775-6923
			Wright's Steakhouse	Hwy 90 West	(830) 775-2621

Name	Address	Phone
Best Western Inn of Del Rio	810 Veterans Blvd	(830) 775-7511 or 1-800-336-3537
La Siesta	2000 Veterans Blvd	830-775-6323
Day's Inn	3808 Hwy 90 West	(830) 775-0585 or 1-800-325-2525
Comfort Inn	3616 Veterans Blvd	(830) 775-2933
La Quinta Inn	2005 Veterans Blvd	(830) 775-7591 or 1-800-531-5900
Motel 6	2115 Veterans Blvd	(830) 774-2115
Ramada Inn	2101 Veterans Blvd	(830) 775-1511 or 1-800-2-RAMADA
Regency Inn	3811 Hwy 90 West	(830) 775-7414
Western Inn	1403 Veterans Blvd	(830) 774-4661

## Local Hotels and Motels

**Disclaimer:** These listings are not all inclusive. For additional restaurants and lodging accommodations in Del Rio, please refer to the local phone book. These listings do not constitute endorsement by the Department of Defense or the United States Air Force.



## Laughlin AFB Quick Reference Phone Numbers

Organization	Phone Number	Organization	Phone Number
Air Force Aid Society Office	5620	Finance	5139
Air Force One Source	1-800-707-5784	Frame & Wood Skills Center	5153
American Red Cross Office	6315	Friendship Pool	4194
Automotive Skills Center	5844	Golf Course (Leaning Pine)	5451
Barber Shop (BX)	298-0870	Housing Office	5732/5733
Barber Shop (Anderson Hall)	5344	Housing Office Service Calls Customer Service and After Hours	5488/5489/4358/5398
Base Exchange (BX)	298-2111 or 298-3627	Legal (Staff Judge Advocate)	5172
Base Locator/Operator	0 or 298-3511	Library (Book Mark)	5757
Beauty Shop	298-0870	Lodging	5163
Bowling Alley (Cactus Lanes)	5526	Military Personnel Flight	5276
Burger King	298-3001	Outdoor Recreation, Stables, & Trap & Skeet Range	5830
Civil Engineer (CE) Service Call	298-4358	Pass & Registration	5349
Chapel	298-5111	Post Office	5417
Child Development Center	298-5419	Mail Room	4310
Clinic (Appointments) Life Skills Support Center	298-3578 6422	Pride Store	4356
Club Amistad	5346	Public Affairs	5988
Pepperoni's!	5407	Shoppette & Auto Service Station	298-3867
Club XL	5134	Silverwings Snack Bar	5661
Command Post	5167	Southwinds Marina (Lake Amistad)	775-7800
Commissary	5821	Taxi Dispatch (Official Use)	5763
Dining Hall (Chaparral Dining Facility)	5295	Thrift Shop	298-5592
Education Office	5545	TMO/Household Goods	5189 or 5178
FAM Camp/RV Park & Picnic Grounds	5830	Veterinary Clinic	5500
Family Child Care	5631	Weather Forecast	5870/775-0212
Family Support Center	5620	XL Fitness Center	5326/5251
Fiesta Community Center	5474	Youth Center/School Age	5343/4363

**For Emergencies**

**Ambulance 911**  
**Fire 5633**  
**Police 5100**

**Family Support Center**  
 47 MSS/DPF, Bldg. 246 Rm. 301  
 427 Liberty Drive  
 Laughlin AFB, TX 78840  
 Com Phone: 830-298-5620  
 DSN: 732-5620  
 Fax: 830-298-4177  
 E-mail: [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil)

Current as of Oct 04

### Family Support Center

Please contact your Family Support Center at:  
47 MSS/DPF  
427 Liberty Drive  
Bldg. 246 Rm. 301  
Laughlin AFB, TX 78843

Com Phone: (830) 298-5620  
DSN Phone: 732-5620  
Com: Fax: (830) 298-4177  
DSN Fax: 732-4177  
E-mail: [fsc.info@laughlin.af.mil](mailto:fsc.info@laughlin.af.mil)



The Family Support Center would like to thank Del Rio LIVE!  
<<http://www.delriolive.com>> for providing the pictures of Del Rio and Ciudad Acuña, courtesy of Maj Joe Hyde.

### Laughlin's Community Action & Information Board

The Laughlin Air Force Base Community Action and Information Board (CAIB) meets on a quarterly basis and is chaired by the Wing Commander. The CAIB, comprised of all base commanders and key personnel, continues to provide solutions to quality of life issues of our Laughlin families. The Integrated Delivery System (IDS) is a working committee appointed by the CAIB to evaluate our community assessment and develop a targeted plan to improve the quality of life and sense of community for all of Laughlin's Team XL!

### Relocation Internet Resources

For additional information on Laughlin AFB and the Del Rio community, please visit the following Web sites:  
Standard Installation Topic Exchange Service (SITES)

<http://www.dmdc.osd.mil/sites>

Laughlin AFB Public Web site

<http://www.laughlin.af.mil>

Border Eagle (Laughlin AFB Newspaper)

[http://www.laughlin.af.mil/Border\\_Eagle/border\\_eagle.htm](http://www.laughlin.af.mil/Border_Eagle/border_eagle.htm)

Del Rio News-Herald (Del Rio Newspaper)

<http://www.delrionewsherald.com/>

### Air Force Crossroads

The Air Force recognizes that one of its most important attributes is its sense of community among its members and their families . . . in this spirit the Community Action and Information Board (CAIB) established CROSSROADS as the Air Force's official community web site . . . no matter where our families are in the world, CROSSROADS provides immediate access to a wealth of information and an ability to communicate with each other across the miles that separate us.

<http://www.afcrossroads.com>



### Air Force One Source

To help you find a healthy balance between your work and personal life, the Air Force provides you and your immediate family access to many resources through your Family Support Centers, including Air Force One Source for 24/7 assistance.

Air Force One Source is fast and easy to use. Like all Family Support Center services, it is available at no cost to you. And best of all, it is there for you any time of the day or night, wherever you are, offering programs and services that can give you support, advice, information and referrals on a wide range of personal issues, including:

- ~Parenting and child care
- ~Education
- ~Older adults
- ~Midlife and Retirement
- ~Relocation

- ~Finances & Legal
- ~Deployment & Return
- ~Everyday issues
- ~International issues
- ~Work
- ~Managing people
- ~Emotional well-being
- ~Grief and loss
- ~Substance abuse

#### Air Force One Source offers you:

- Phone and online access to experienced, professional consultants--real people you can talk with when you need an answer to a question
- An award-winning Web site with online articles, workshops, locators, self-assessments, and much more
- Pre-paid booklets, audio recordings, and other materials to help get the

answers you need in the format you want

- Referrals to resources, services, and support on your base and in your community

Family Support Centers are located on each base. Air Force One Source can give you their exact locations and phone numbers.



#### Air Force One Source online

<http://www.airforceonesource.com>

User id: **airforce**

Password: **ready**

#### Toll-free by phone:

U.S: 800-707-5784

International: 800-707-57844

International collect: 484-530-5913

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